

Suggested Order of Service
Mental Health Sabbath
February 15, 2014

Call to Worship

Opening Prayer

Opening Hymn

Offering

Children's Story (Choose a story to demystify mental illness and teach kids that it is the same as any other physical illness)

Scripture Reading

Pastoral Prayer (suggestions to include)

1. That God will provide ways to manage the mental health challenges those present may be facing.
2. For God to bless families facing mental health challenges in one of their members.
3. That people will seek and get the appropriate help they need to address their mental health challenge.
4. For an understanding of the benefits of resources (psychologists, counselors, psychiatrists, etc.)

Special Music [Select a Joyful song of Victory and Strength Preferred]

Sermon (Choose one of the sermons provided & show the video: *What is Mental Health*) - <http://www.youtube.com/watch?v=6Sny4KDuWHM&feature=youtu.be>)

Closing Hymn

Closing Prayer